



# SENIOR LIVING FOUNDATION of the AMERICAN FOREIGN SERVICE

## *A Time of Service, A Time of Need*

Volume 23, Number 1

FOUNDATION NEWSLETTER

March 2020

## Message from the Chairman

*The Senior Living Foundation (SLF) of the American Foreign Service makes a difference and changes lives.*

The start of a new decade is a good time to reflect on how the Foundation continues to make a positive impact in our Foreign Service community. Thanks to your financial gifts and unwavering commitment, SLF has evolved from what were humble beginnings in 1988 to the stability and capacity the Foundation has today.

In 2019, SLF received over \$380,000 in individual donations, corporate gifts, and bequests. All of us at the Foundation, as well as the grantees we assist, deeply appreciate your generosity. You make it possible for SLF to fulfill its mission of “taking care of our own.”

SLF supports retired Foreign Service personnel and their spouses – including widows and divorcees – who find themselves in strained circumstances. The numerous requests we receive vary from a one-time emergency grant to replace a furnace to covering a retiree’s monthly heating bill. Your contributions address both types of distressed situations as well as defray the costs of senior housing, long-term care, basic living expenses, etc.

In today’s international environment, Foreign Service families can face unique challenges – beyond the relatives that accompany them to their overseas posts. To assist with these cases, SLF added the Parent Program to help active-duty employees manage the needs of their aging parents. On page 4 of this newsletter, we describe in more detail how the Parent Program has made a positive contribution to SLF’s mission.

The Foundation is preparing for the 9<sup>th</sup> Planning for Change (PFC) seminar to be held in Washington, DC on September 24, 2020. Every two years, SLF sponsors this educational event to offer resources for the next stage of life. Past topics included senior nutrition, case management, estate planning, and more. The workshops are designed to help you plan how to protect your mental, physical, and financial health. We look forward to welcoming you to this excellent event.

SLF remains active, effective, and ready to serve. We are motivated by the fact that the work of changing lives never stops. Your financial support of the Foundation’s services makes this work possible. Allow me to personally thank you for your ongoing support as we “take care of our own.”



Sincerely,

*Marc Grossman*

*Sponsored by the AMERICAN FOREIGN SERVICE PROTECTIVE ASSOCIATION*

## Overview

The Senior Living Foundation (SLF) consistently makes a difference in the Foreign Service Community. Our work demonstrates dedication and service – much like the careers of our respected grantees. Whether SLF identifies local resources or provides financial grants, we strive to improve the outcomes of an individual’s life. SLF uses simple methods to address major needs – SLF listens, SLF responds, and SLF acts. Those basic concepts help us effectively “take care of our own.”

**SLF LISTENS** ▶ We started SLF primarily because of the stories of despair shared by our colleagues. Retirees who contributed to the Foreign Service in so many ways faced never-imagined challenges. Wives of Foreign Service Officers who spent their lives overseas supporting their husbands, now needed help caring for them in a different way. Widows found themselves in uncertain situations as they managed life’s changes without their life partner. Marriages ended for various reasons, and the remaining spouses needed support to rebuild their lives. In present day, SLF still listens as potential grantees share their troubling stories. That initial phone call and our capacity to listen shape the person’s entire SLF experience.

**SLF RESPONDS** ▶ “Taking care of our own” means responding to the call. Many can offer a sympathetic ear; however, SLF takes steps to make a positive difference. The Foundation was created as a response to challenges in the Foreign Service Community. Today, our Social Work Consultants assess each client’s unique needs and develops a plan to meet those needs.

Our most important mission is taking care of the Foreign Service family. We believe that focusing on the broader Foreign Service family is consistent with that mission. In response to the needs of active duty Foreign Service personnel, SLF established the Parent Program—an extension of SLF’s traditional services. Through this program, the Foundation supports Foreign Service personnel who may be managing their parent’s urgent or chronic medical situation from afar.

**SLF ACTS** ▶ SLF addresses the concerns of every person who calls upon us for help. SLF acts in a variety of ways. SLF’s Resource Center provides information and seeks out local resources. Clients who meet the qualifications for financial support receive funding to ensure their dignity, stability, and safety. Our partnerships with several State Department offices – Employee Consultation Services, the Retirement Office, HRSC in Charleston – help reach colleagues who need our assistance. The entire Foreign Service family benefits from the educational resources offered on SLF’s Facebook Page ([facebook.com/seniorlivingfoundation](https://facebook.com/seniorlivingfoundation)), our website ([slfoundation.org](https://slfoundation.org)), and through our biennial Planning for Change Seminars (details on page 16).

---

In 2019, the Foundation continued its commitment to those in need. Your generosity helped SLF pay for medically necessary dental work, senior living facilities, transportation, prescription drugs, and more. All this was made possible because of your financial support.

We appreciate your ongoing commitment to “taking care of our own.”

*See how your contributions make a difference, through select stories on the following page.*

---

### SLF MISSION STATEMENT

The mission of the Senior Living Foundation of the American Foreign Service is to provide support to retired Foreign Service personnel and their spouses (including surviving or divorced spouses) and, on the basis of need, to defray the cost of home health care services, senior housing, long term care insurance, or other senior services that contribute to the health and security of the retired Foreign Service family.

#### HONORARY CHAIRMEN

Madeleine K. Albright  
James A. Baker III  
Hillary Rodham Clinton  
John F. Kerry  
Henry A. Kissinger  
Colin L. Powell  
Condoleezza Rice  
George P. Shultz

#### BOARD OF DIRECTORS

Marc Grossman, *Chairman*  
Sheldon J. Krys, *Vice Chairman*  
Thomas M. Tracy, *Secretary-Treasurer*  
Joan M. Clark, *Chairman Emeritus*  
Robert O. Blake, Jr.  
William J. Burns  
Paul M. Cleveland  
James I. Gadsden  
Edward “Skip” Gnehm  
William C. Harrop  
Maura A. Harty  
Thomas R. Pickering  
Rozanne L. Ridgway  
Linda Thomas-Greenfield  
Gretchen G. Welch  
Sharon P. Wilkinson

#### DEPARTMENT OF STATE LIAISONS

Carol Perez  
Charles H. Rosenfarb, M.D.

#### ADVISOR

Stuart E. Branch

#### EXECUTIVE DIRECTOR

Paula S. Jakub

#### DEPUTY DIRECTOR

Kyle Longton

#### SOCIAL WORK CONSULTANTS

Kate Aubert  
Joan Parrish

# Grant Giving & Resource Center

**A** FSA's Retiree Counselor referred an 85-year-old widow of a Foreign Service Officer (FSO) to SLF. She was concerned about her decreasing savings and not being able to afford her Assisted Living Facility.

▶ *SLF established a recurring monthly grant to help pay the costs for her Assisted Living Facility.*

**A** retired FSO served as the primary caregiver for her disabled husband, who had suffered a major stroke. The wife asked SLF to help her identify available resources.

▶ *The Foundation hired a care manager to assess the couple's situation. The trained professional recommended local resources to assist the wife with her husband's care.*

**A**n 87-year-old retired FS employee needed help paying her bills. She was single and lived alone.

▶ *SLF hired a care manager to assess her expenses. The retiree now receives a recurring monthly grant to help pay her utility bills.*

**A** 55-year-old newly retired FS employee requested financial assistance to pay for temporary homemaker. She wanted to continue her Foreign Service work. However, she had to retire to focus on being treated for cancer.

▶ *SLF provided a three-month grant to assist while the retiree completed her cancer treatments.*

**A** 90-year-old widow of an FSO realized she required homemaker to continue living in her home. However, she needed financial assistance to pay for those services.

▶ *SLF paid a care manager to identify appropriate caregivers. Then, the widow began receiving a monthly recurring grant to help pay for those services.*

**A** retired FSO was diagnosed with an aggressive form of dementia. Caring for him was becoming overwhelming for his wife and family.

▶ *SLF hired a care manager to identify an appropriate facility for the husband. The professional suggested financial/legal resources and referred the family to a dementia support group.*



**T**he alimony payments ended for an 86-year-old divorced FS employee, who retired on disability. The decreased income put her at risk of losing her home.

▶ *With SLF's financial assistance, she moved to a moderately priced retirement community, where she receives three meals per day, additional care services, and regular social events with other residents. She now feels comfortable, safe, and appreciative.*

**A** recent widow of an FSO was living without electricity and her car had been repossessed. The widow's survivor annuity was not expected to arrive for another three months.

▶ *SLF hired a care manager to assess the situation immediately. The care manager took the widow shopping for groceries and restored her telephone service. SLF is paying for ongoing care management.*

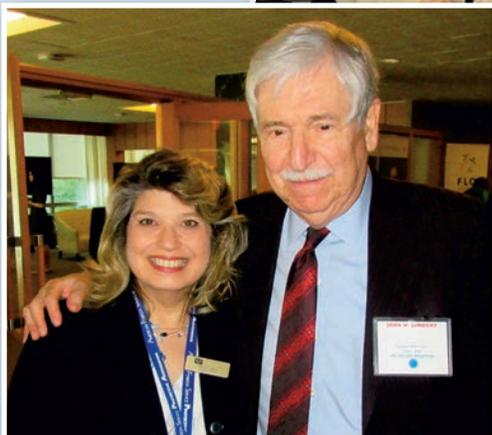


## Foreign Affairs Day

The State Department celebrated Foreign Affairs Day on Friday, May 3, 2019. This annual homecoming recognizes retired employees of foreign affairs agencies for their sacrifice and service. An average of 400 retirees attend every year to participate in the lively discussions and informative sessions.

As in the past, the Foundation hosted an information table at Foreign Affairs Day. SLF also joined AFSA and DACOR in cosponsoring this worthwhile annual event. Lastly, SLF Executive Director, Paula Jakub, was invited to give remarks during the opening session. She told a story of the emotional and financial struggles of a typical SLF grantee, underlining the motivation for the Foundation’s charitable work.

Foreign Affairs Day allows the participants to ask questions and gather materials about the Foundation. We let the attendees know that any Foreign Service retiree who may be unable to manage life’s challenges can seek our help.



## Expansion of Our Mission

When a parent faces a life-changing situation, it can add stress to a Foreign Service employee who may be serving far from home. Through the Parent Program, the Foundation seeks to support Foreign Service personnel who may be managing a parent’s urgent or chronic medical situation from afar.

Our Social Worker Consultants have access to Aging Life Care Professionals across the U.S. The Foundation can arrange for an in-person visit by one of these professionals to assess a parent’s needs, develop a care plan, and provide information on helpful resources.

Since launching the program, over 100 active duty colleagues, from three dozen worldwide posts, have contacted SLF for advice and support for their parents. While limited financial assistance is available on the basis of need, we found that the bigger impact to the families we have touched – in the short time of the program’s existence – is the development of a care plan and the comfort in knowing that mom or dad is in a safe environment.

Your generosity touches all SLF programs, including the Parent Program. SLF’s main focus is, and always will be, our retirees. As the needs of our Foreign Service change, SLF stands ready to assist our entire community by “taking care of our own.”

## DID YOU KNOW?

Since 1988, SLF has taken care of the Foreign Service family. Here are a few facts about SLF's successful history.

- SLF's Resource Center has provided advice/guidance to over **1600** individuals
- More than **250** people have received SLF's financial grants
- Since giving its 1<sup>st</sup> grant in 1995, SLF has distributed over **\$4 million** in grants
- SLF has covered home health care, prescription costs, durable medical equipment, care management, and more – for over 30 years

To learn more about SLF's rich history and present day successes, visit [slfoundation.org](http://slfoundation.org).

## SLF at State's JSP Program Receptions

This past year, the Senior Living Foundation (SLF) participated in the State Department's Job Search/Transition Program (JSP). Offered by State's Career Transition Center (CTC), this program supports retiring employees as they transition into their next phase of life. A closing reception happens at the Foreign Service Institute, at the end of the month-long JSP sessions – held three to four times per year. At each reception, SLF hosted an information table and shared the Foundation's mission with the graduating JSP participants. The attendees learned that SLF relies on the Foreign Service community for support as well as to identify those in need of assistance. SLF joined DACOR and AFSA in presenting their services. It was a great opportunity to distribute SLF materials and answer Foundation questions.



## SLF Donors

The Senior Living Foundation (SLF) appreciates the gifts we have received from Corporate Donors. In 2019, SLF's Leadership – Ambassador Marc Grossman, SLF's Board Chairman, and Paula Jakub, SLF's Executive Director – personally accepted contributions from DACOR and Express Scripts Inc. We thank our industry partners for supporting the mission of the Foundation. Your contributions help continue the proud tradition of “taking care of our own.”



Paula Jakub with Tim Wentworth, President, Express Scripts and Cigna Services



SLF Chairman, Ambassador Grossman with DACOR President Paul Denig

# Expression of Thanks

The Senior Living Foundation would like to express our thanks to the following individuals who made gifts to the Foundation in 2019:

<b>A</b>				
Abington, Edward	Armitage, Richard L.	Baumann, Andrea	Bishop, Robyn	Bradford, Joanne E.
Abramowitz, Morton	Arndt, Richard	Baumann, Walter	Bisson, Ellen	Branch, Stuart E.
Abramowitz, Sheppie	Asencio, Diego	Bazala, Sylvia	Bitters, Lynn K.	Branstner, Lorraine
Adair, Ginger	Asquino, Mark	Becker, John	Black, Dorothy	Branstner, Terry
Adair, Marshall	Atherton, Joan	Becker, Priscilla	Blackford, Peggy	Brayshaw, Charley H.
Adams, Linda	Austin-Ferguson, Kathleen	Beckman, Robert	Blackmon, Joyce	Bremen, Ronald
Adams, Michael		Beecham, Susanne	Blake Jr., Robert	Bremner, Sue
Alexander, Susan		Beecroft, Mette	Blanchette, Harry	Bretz, Michael B.
Allan, Stuart		Beecroft, Robert	Blanton, James	Brew, Sandra
Allegrone, Charles		Belsito, Barbara	Bleha, C Thomas	Brew, William R.
Allegrone, Kathleen		Benedict, Lawrence N.	Bleske, August	Brewer, Alfreda
Allison, Lynn		Bennett, David C.	Blight, John	Briggs, Everett
Alter, Bernard		Bennett, John	Bloom, Carol	Bright, Anne
Alter, Pat		Bennett, Margaret R.	Bloom, Roger	Bright, Robert
Anders, Robert G.		Benson, James	Bock, J Richard	Brizzee, David
Anderson, Dexter		Benson, Robert	Bodde Jr., William	Brown, Carroll
Anderson, Gail		Berger, Rosella R.	Boerner, Dorothy	Brown, Frederick Z.
Anderson, Mark E.		Bergold, Karlene	Bogart, Genko	Brown, Laurence G.
Anderson, Michael		Bernicat, Marcia	Bogosian, Richard W.	Brown, Marvin S.
Anderson, Nancy C.		Bernstein, Amy	Bolster, Archie	Brown, Norma
Andres, Janet S.		Berry, Ann	Bolton, Deborah A.	Brown, William A.
Andrew, Nicole		Bethune, L	Boorstein, Michael	Brown, Willie
Angevine, Joan		Bialecki, Paul	Borkowicz, Brandon	Browne, Edward
Archabal, Tedd		Billick, Catherine	Bowker, Donald L.	Browne, Lilia
Archibald, John		Bimmerle, Diann M.	Boyatt, Maxine	Brucker, Katherine
Armbruster, Susan		Binns, Jack	Boyatt, Thomas D.	Bryant, De Anne
		Bishop, Allen	Boyle, Jack	Budden, Randall Clifford
		Bishop, James	Brackman, Stella S.	

“  
I appreciate  
all the help  
SLF has  
given me.

”

## **B**

Baer, Lawrence	Baummann, Andrea	Bishop, Robyn	Bradford, Joanne E.
Ballow, Barry	Baumann, Walter	Bisson, Ellen	Branch, Stuart E.
Bandy, Thomas	Bazala, Sylvia	Bitters, Lynn K.	Branstner, Lorraine
Bankwalla, Navaz	Becker, John	Black, Dorothy	Branstner, Terry
Baque, William R.	Becker, Priscilla	Blackford, Peggy	Brayshaw, Charley H.
Barbis, Patricia	Beckman, Robert	Blackmon, Joyce	Bremen, Ronald
Barbour, Robert	Beecham, Susanne	Blake Jr., Robert	Bremner, Sue
Barmon, Kathleen	Beecroft, Mette	Blanchette, Harry	Bretz, Michael B.
Barry, Catherine	Beecroft, Robert	Blanton, James	Brew, Sandra
Baskey, Nick	Belsito, Barbara	Bleha, C Thomas	Brew, William R.
	Benedict, Lawrence N.	Bleske, August	Brewer, Alfreda
	Bennett, David C.	Blight, John	Briggs, Everett
	Bennett, John	Bloom, Carol	Bright, Anne
	Bennett, Margaret R.	Bloom, Roger	Bright, Robert
	Benson, James	Bock, J Richard	Brizzee, David
	Benson, Robert	Bodde Jr., William	Brown, Carroll
	Berger, Rosella R.	Boerner, Dorothy	Brown, Frederick Z.
	Bergold, Karlene	Bogart, Genko	Brown, Laurence G.
	Bernicat, Marcia	Bogosian, Richard W.	Brown, Marvin S.
	Bernstein, Amy	Bolster, Archie	Brown, Norma
	Berry, Ann	Bolton, Deborah A.	Brown, William A.
	Bethune, L	Boorstein, Michael	Brown, Willie
	Bialecki, Paul	Borkowicz, Brandon	Browne, Edward
	Billick, Catherine	Bowker, Donald L.	Browne, Lilia
	Bimmerle, Diann M.	Boyatt, Maxine	Brucker, Katherine
	Binns, Jack	Boyatt, Thomas D.	Bryant, De Anne
	Bishop, Allen	Boyle, Jack	Budden, Randall Clifford
	Bishop, James	Brackman, Stella S.	

Bumbrey, Sallybeth  
 Burba, Marie  
 Burleigh, A Peter  
 Burns, Bill  
 Burnworth, Terry  
 Bushnell, John  
 Butler, William M.  
 Byers, Bruce  
 Byers, Ingrid  
 Byrnes, Hope  
 Byrnes, Paul

## C

Cahill, Jacklyn  
 Cairns, Thomas E.  
 Calderhead, William D.  
 Calingaert, Michael  
 Callard, Robert  
 Campbell, Lindsey  
 Campbell, William N.  
 Campello, Marie  
 Canavan, Katherine  
 Carolan, Maria  
 Carr, Robert  
 Carter, Annie M.  
 Carter, Thomas  
 Carter, William M.  
 Cartledge, Willie  
 Carty, Lisa  
 Casey, Edward  
 Cassel, Andrew

Cassel, Lynn L.  
 Caterini, Dino J.  
 Ceurvorst, Michael  
 Chafin, Gary  
 Chamberlin, James  
 Chaplin, Stephen  
 Cheever, Francis S.  
 Cheshes, Martin  
 Chillura, Anthony B.  
 Christensen, Richard A.  
 Christy, Gene  
 Clark, Bruce

Clark, Joan  
 Clark, Kary  
 Clark, Sandra E.  
 Clarke, Henry  
 Cleveland, Paul  
 Coburn, Harry  
 Cockburn, Carl  
 Cohen, Herman  
 Cohen, Roger  
 Cohoes, Maxine M.  
 Cohoes, Robert R.  
 Coleman, Maryruth  
 Compton, Eugene  
 Conley, Jane  
 Connors, Marilyn Wigle  
 Connuck, Bruce  
 Conyngham, Ed  
 Cook, Eiler

Cook, Frederick R.  
 Coon, Jane Abell  
 Coony, Thomas M.  
 Corbett, Joan Ellen  
 Corlew, Marlene

Coronway, Gwen  
 Correl, Frank  
 Corry, Ethel  
 Corum, Claudia  
 Coulter, Clara  
 Coulter, Elizabeth  
 Coulter, Frank  
 Council, Logan  
 Crane, Louise  
 Creagan, Gwyn  
 Creagan, James F.  
 Cromwell, Margaret  
 Cross, Kumiko K.  
 Crump, Donna  
 Crump, Frank  
 Cuadrado, Joseph  
 Cunningham, Carl  
 Curran, James

Curry, Dennis  
**D**  
 Daks, Lawrence  
 Daley, Matthew

“

I don't know where I  
 would be living without the  
 Foundation's assistance.

”

Daly, Kathleen M.  
 Danga, Karl  
 Daris, Anne-Marie  
 Daris, Charles  
 Davies, Glyn  
 Davis, Ruth A.  
 Davis, Sandra  
 Dawkins, Stephen  
 Day, Susan  
 De Santilana, Gerald  
 De Sombre, Marjorie  
 De Vos, Nancy  
 Deal, Timothy E.  
 Dean, Dale  
 Deason, Robert  
 DeBusk, Loretta  
 Deckelman, Elizabeth  
 Delawie, Greg

Deming, Rust  
 Denig, Paul  
 Dennis, Eeda  
 Deyman, George  
 Deyman, George  
 Deyman, Kathleen  
 Dial, Imogene  
 Dickey, Angela  
 Dickie, Joan  
 Dickman, Shirley  
 Dillon, Robert  
 Dionne, Rachele  
 Dipaolo, Donna  
 Dolan, Daniel  
 Dolan, Isabel  
 Dolce, Nancy  
 Dolce, Rob  
 Donnelly, Shaun  
 Douglass, Helen  
 Douris, Louanne G.  
 Drexler, Robert W.  
 Duffy, Carol  
 Duffy, Patrick  
 Duguid, Gordon K.  
 Durkee, Michael  
 Dyer, William B.

## E

Ealum, James M.  
 Ealum, Maurice  
 Eaton, William  
 Edminster, David

Edminster, Elizabeth  
 Edson, Edith  
 Edwards, Anne  
 Edwards, Naomi  
 Egan, Virginia  
 Egan, Wesley  
 Eisner, Adolph  
 Elam Thomas, Harriet  
 Elliott, Carlyn J.  
 Ellis, Clarke N.  
 Elser, Eleanore  
 Emerson, Donald

Ferri, Teresa  
 File, Loren  
 Fina, Thomas  
 Fishbein, Jonathan  
 Fitzgerald, William  
 Flack, Danielle  
 Flack, Ronald  
 Flanigan, Alan  
 Flynn, Alice  
 Flynn, Christopher  
 Folan, Patrick  
 Follestad, Robert

Friedbauer, Allan  
 Fritzier, Barbara

**G**

Gadsden, James I.  
 Gadsden, Sally F.  
 Gallagher, Martha  
 Gammon, Samuel  
 Gardner, Gail  
 Garland, Elaine  
 Garland, Patrick  
 Garland, William A.

Goff, Edward  
 Goin, Evelyn W.  
 Gojnycz, Konstantin  
 Gomez, Anne  
 Gomez, Robin  
 Gonzalez, Raymond  
 Gordon, Charles  
 Gosende, Robert  
 Gowen, George  
 Graham, Nancy  
 Gralnek, Wendy  
 Graner, Ralph H.

Hahn, Zach  
 Haines, Mary A.  
 Hall, John E.  
 Hall, Patricia L.  
 Halligan, Delina  
 Hallman, Eileen  
 Hallock, Myriam  
 Halmo, James L.  
 Hamby, Thomas  
 Hamilton, John R.  
 Hancock, Michael  
 Hanley, Laurie A.



Garrison, Mark  
 Garufi, Carmela  
 Garz, Yolanda  
 Gaynor, Barbara A.  
 Geisel, Harold  
 Geisel, Susan  
 Gelbard, Robert  
 Gelber, Sarah

Grant, William  
 Gray, Ingrid  
 Graze, Deborah  
 Greene, Ernest  
 Greenfield, Lafayette  
 Grice, Lisa  
 Griffith, John  
 Grimste, Robert

Hansen, Charmaine  
 Hanson, Brad  
 Hara, Hugh  
 Hardy, Alan  
 Hare, Paul  
 Haresnape, Robert  
 Harman, Sally

Engel, Alma  
 Engel, David  
 Epstein, Sharon  
 Eubank, Margaret  
 Ewing, Raymond

Fon, Robert L.  
 Forbes, James  
 Ford, Charles A.  
 Forsythe, Lee  
 Fotos, Evan  
 Fotos, Leman

Giacobbi, Nat J.  
 Gibney, Jonathan  
 Gibney, Selene  
 Gibson, William F.  
 Gilbert, Frederick  
 Gilbert, Janet  
 Gilroy, Mary Ellen  
 Glass, Robert L.

Grossman, Marc  
 Grout, Deborah Zamora  
 Gunning, Shirley  
 Gurvin, George  
 Gutensohn, Lynn  
 Gutierrez, Lino  
 Gwynn, John B.

Harrison, Christine  
 Harrison, Beverly  
 Harrop, Ann  
 Harrop, William C.  
 Hart, Shirely M.  
 Hartford, Caitlin  
 Hartley, Douglas G.  
 Hartman, Jan

**F**

Falzone, Brigitte  
 Falzone, Ralph  
 Farerell, Thomas  
 Feeney, Paula  
 Fendrick, Reed  
 Fergin, Judith R.

Fox, John  
 Frank, Eugene  
 Franke, Herman H.  
 Freeman, Maria  
 French, Timothy J.  
 Frere, Anne Marie

Gleysteen, Marguerite  
 Gnehm, Edward  
 Godson, Ruth

**H**

Haas, Dean J.  
 Hahn, Pearl

Hartman, John  
 Harty, Maura  
 Harvey, Barbara  
 Hausrath, Don

Hawkins, Patricia  
 Hawkins, Richard  
 Hawley, James M.  
 Hawley, Janet M.  
 Hazewski, Joseph  
 Heatley, Cecile M.  
 Hebert, Margaret  
 Hebron, Theresa  
 Heckinger, Carol  
 Hecklinger, Richard  
 Heffernan, Charles  
 Heg, James  
 Heichler, Muriel  
 Heileman, Carolee  
 Heimer, Jonathan  
 Heintzen, Ilse  
 Heller, Lisa  
 Helman, Gerald B.  
 Helmer, Colin  
 Helmer, Francisca  
 Helseth, William A.  
 Hemingway, Barbara  
 Henderson, Ruth Miles  
 Hengel, Douglas  
 Herbert, April  
 Herbert, Kevin  
 Herbst, Gary  
 Herbst, Leslie  
 Hernaez, Eduardo  
 Herzog, Barbara  
 Herzog, William

Hicks, Camilla M.  
 Higgins, Peter T.  
 Hill, H Kenneth  
 Hill, William  
 Hines, Richard  
 Hitchcock, David  
 Hitchcock, Lee  
 Hodai, Kathleen  
 Hodai, Patrick  
 Hoffer, Patrick F.  
 Hoffmann, Myron  
 Hoffmann, Patricia  
 Hogan, Alice  
 Hogan, James  
 Hogan, Reinhild K.  
 Hoganson, Barbara  
 Hoganson, Jerome  
 Hogeman, George H.  
 Holland, Harry J.  
 Holmes, Allen  
 Holmes, Brooke  
 Holmes, James  
 Holt, James

**“**  
 I appreciate  
 everything  
 SLF  
 has done.  
**”**

Hooper, James  
 Hopper, Robert  
 Hornblow, Caroline  
 Hornblow, Michael  
 Houdek, Robert  
 Hovenier, Jeffrey M.  
 Howell, Frances  
 Howland, Richard  
 Hrapsky, Alan  
 Hughes, Arthur  
 Hughes, David  
 Hughes, Patricia  
 Hughs, Mary Grace  
 Hulings, Harriett  
 Hulings, Joseph  
 Humphrey, Sandra N.  
 Hunter, S  
 Hurley, Pamela  
 Hurley, Paul  
 Hurtado, L Victor  
 Hussey, Robert E.

**I**  
 Irons, Alden  
 Isaacs, Arnold  
 Isaacs, Jeannette  
 Itoh, William

**J**  
 Jackson, Kenneth V.  
 Jacobs, Janice L.  
 Jaeger, George

*We received generous gifts from the following businesses, foundations, and organizations in 2019:*

AmazonSmile  
 American Diplomacy Publishers  
 Ayco Charitable Trust  
 DACOR, An Organization of Foreign Affairs Professionals  
 Express Scripts Inc.  
 Foreign Affairs Retirees Association of Maryland  
 Foreign Service Retiree Association of Florida  
 Foreign Service Retirees Association of Southern California  
 Nelson B. Delavan Foundation  
 United Way

Jakub, Michael  
 Jakub, Paula S.  
 Jameson, Donald  
 Jarek, Albert W.  
 Jarvis, Catherine  
 Jefferson, Ulyse  
 Jenkins, Jo Ann M.  
 Jenkins, Robert M.  
 Jennings, Monika  
 Jeter, Howard  
 Johnson, Anne  
 Johnson, Christine  
 Johnson, Marily P.  
 Johnson, Patricia  
 Johnson, Stephanie E.

Johnson Paunescu, Julianne  
 Johnston, Deborah L.  
 Jones, A Elizabeth  
 Jorgensen, Nancy J.  
 Jung, Lucile

**K**  
 Kachmar, George  
 Kahdy, Sally E.  
 Kahn, Louis E.  
 Kamerick, Susan  
 Kane, Eileen  
 Kane, Shirley A.  
 Kaspar, Frances  
 Kaufman, Judith

Kaufman, Mercedes  
 Kaufman, Robert  
 Keegan, Patricia  
 Keeley, Leonora  
 Kelliher, Patricia J.  
 Kelly, Ed  
 Kelly, Helena Ajo  
 Kelly, Kitty  
 Kennedy, Charles S.  
 Kennedy, Craig  
 Kennedy, Donald  
 Kennedy, G Alfred  
 Kennedy, Mary  
 Kennedy, Patrick  
 Kent, Betty  
 Kent, Douglas  
 Kerr, Graham  
 Kilgore, Hulya  
 Kilner, Scott  
 Kincaid, Nancy  
 Kingsley, Carolyn E.  
 Kinnell, Robert  
 Kleiman, Kathy  
 Knecht, Dennis  
 Knickmeyer, Robert  
 Knopes, Robert  
 Kordek, John  
 Koss, Andrew C.  
 Kott, Barbara  
 Kott, Robert  
 Krebs, Sheldon

Krhounek,  
 Kimberly C.  
 Krizek, Eugene  
 Krol, Andre  
 Krys, Sheldon  
 Kuchel, Roland  
 Kunsman, Eric  
 Kunsman, June  
 Kursch, Donald  
 Kurzbauer, Ruth  
 Kuser, Suzanne

**L**

La Porta, Alphonse  
 La Porta, Ann  
 Lake, Joseph  
 Lambrakis, George  
 Landis, Vivian  
 Lane, Elizabeth  
 Lane, Helen  
 Lane, Robert L.  
 Lange, John  
 Lange, Leonard  
 Lanpher, Edward G.  
 Larner, James  
 Latvanas, Barbara  
 Lauderdale,  
 Elizabeth  
 Lauderdale, Maria  
 Laul, Sonia  
 Lawrence, Marilyn  
 Lawrence, William U.

Lawson, Lisa  
 Le Baron, Richard  
 Le Zotte, M Diane  
 Leader, Joyce  
 Lefes, Sue  
 Lefes, William  
 Lehovich, Magda  
 Lepusnitz, Judith  
 Lesser, Larry

Long, Richard G.  
 Longton, Kyle  
 Lorton, Ronald  
 Louis, Jean A.  
 Love, R  
 Lowenthal, Alice  
 Lowery, Bolling  
 Lucius, Mary W.  
 Lukens, Susan

Malin, Barbara  
 Malin, Tan  
 Malleck, George  
 Mallon, Patricia  
 Malloy, Edward  
 Malloy, Iris  
 Malone, Gifford D.  
 Mammen, Jean  
 Mann, Steven  
 Marinelli, Lawrence A.  
 Markowski, Herbert  
 Marks, Edward  
 Martin, Cheryl A.  
 Martin, Joanna W.  
 Martin, Joanne  
 Martin, Joyce  
 Martin, Mary Lynne  
 Martin, Robert A.  
 Martinez, Pete  
 Martino, Thresia Terry  
 Marwitz, Toni  
 Mason, Dwight  
 Mason, Sue  
 Masters, Allene  
 Mates, Michael  
 Matheron, Richard  
 Matteson, Lois  
 Matthews, Betty  
 Matthews, Betty  
 Matthews, Gary L.  
 Matthews, Wade

“  
 SLF has been a valuable  
 source of information  
 and support.  
 ”

Levinson, Michael  
 Lewinsohn, Joann  
 Lewis, John  
 Lill, Lilli  
 Lillig, Renata  
 Linder, Perry  
 Lisle, Martha  
 Lissfelt, Mark  
 Lloyd, Wingate  
 Logsdon, Elaine  
 Logsdon, Kent  
 Logsdon, Michelle  
 Loken, Kristin  
 Lomanno, Frank J.

Lumsden Jr.,  
 George Q.  
 Lupo, Patricia A .  
 Lydon, Peter  
 Lyon, David

**M**

MacCallum, Robert  
 Maciejewski, Theresa  
 Mackenzie, Donald  
 Mackie, Nancy  
 Macuk, Ute M.  
 Madden, James  
 Maerkle, Frederic  
 Maiorino, Deborah

Matthews, Wade  
 Matthias, Elisabeth  
 Mattran, Gerald  
 Maurer Jr., William H.  
 Mayer, Margarete  
 Maysa, John  
 Maysa, Nilsa  
 McBride, Diane  
 McCarthy, Marjorie  
 McCarty, Paul B.  
 McConnell, Donald  
 McCrory, Janet C.  
 McElhaney,  
 Douglas L.  
 McGee, James  
 McGinley, Teresita L.  
 McHenry, Donald  
 McIntosh, Brian  
 McIntosh, Marcia  
 McKay, Sook  
 McKee, Myrna  
 McKee, Richard  
 McKennan,  
 Jacqueline  
 McKenzie, Eric  
 McKniff, Joan  
 McMillon, Margaret  
 McMullen,  
 Christopher  
 McNamara, Francis  
 Terry  
 McNaughton, James  
 McNicholas, Daniel

Mecklenburg,  
 Clifford W.  
 Meehan, Frank  
 Meresman, Carol  
 Metcalf, Nancy F.  
 Michel, James  
 Milam, William  
 Miles, Richard  
 Miller, Bonnie  
 Miller, Cynthia J.  
 Miller, David E.  
 Miller, Deborah  
 Miller, Joseph M.  
 Miller, Robert  
 Miller, Tom  
 Mintz, Jane  
 Mitchell, William  
 Mithoefer, William C.  
 Molineaux, Diana  
 Monk, David  
 Monroe, Evangeline  
 Monroe, Gerald  
 Montana, Thomas  
 Moody, William  
 Moore, Marjorie K.  
 Moriarty, James F.  
 Moriarty, Lauren  
 Morin, Anne  
 Morris, Diana E.  
 Morris, Lucille  
 Morris, Ned  
 Morris, Robert J.

Morrison, Bruce  
 Mortimer, Lesley J.  
 Mott, Helen  
 Moundalexis, Athena  
 Mraz, David  
 Muehlke, David  
 Muhall, Patricia  
 Muller, Stephen  
 Murphey, William G.  
 Murphy, Anne  
 Murphy, Richard  
 Murphy, Robert  
 Murray, Anne  
 Musorafite, Anna  
 Musser, Susan  
**N**  
 Nach, James  
 Naland, John K.  
 Neil, Bette  
 Nelson, Harold T.  
 Nelson, Harvey F.  
 Nelson, Judith P.  
 Nesbit, Lee

Nettles, G. Clay  
 Neumann, Ronald E.  
 Newell, Charles  
 Newell, Roberta  
 Newlin, Louisa  
 Newlin, William  
 Newsom, Jean  
 Newton, Christa  
 Ngac-Siglin, My-Zung  
 Niles, Thomas  
 Nixon, Warren P.  
 Noble, Stephen  
 Nojek, Eugene  
 Noren, Mary  
 Norland, Patricia  
 Norris Jr., John J.  
 North, Walter  
 Nyren, Genevieve  
**O**  
 Oakley, Phyllis  
 O'Brien, Timothy W.  
 O'Connell, Maureen  
 O'Connor, Neusa

Odor, Sandra S.  
 O'Herron, Thomas  
 Ojamaa, Elo Kai  
 Oliver, Beverly A.  
 Olmon, Eric  
 Ostrander, Nancy  
 Owen, Adelaida  
 Owens, Jane  
 Owens, Michael

**P**

Paciorka, Joseph  
 Paganelli, Robert P.  
 Palazzolo, Giovanni  
 Palazzolo, Mary Dell  
 Palmeri, Bob  
 Palmeri, Virginie  
 Papendick, Dennis  
 Papendick, Josefina  
 Parker, Alan  
 Parker, Andrew  
 Parker, Dolores E.  
 Parker, Sarah  
 Virginia

**Like us on Facebook!**



SLF maintains an online community to share ideas and build connections. Facebook offers information for SLF supporters, seniors, and even caregivers. Stay engaged and informed. Join the conversation today!

Visit [facebook.com/seniorlivingfoundation](https://facebook.com/seniorlivingfoundation)

Parks-Little, Traba E.  
 Parrack, Frances  
 Parrack, Ray  
 Parsons, Donald K.  
 Pascoe, Diana  
 Passage, David  
 Patchell, Anne  
 Patterson, Sue  
 Pazdral, Ronna  
 Pearce, David  
 Pearson, William  
 Pearson, Margaret  
 Pelletreau, Robert  
 Peltier, Alec  
 Pendleton,  
 Elisabeth M.  
 Pendleton, Mary C.  
 Perez, Carol  
 Perlman, Alvin  
 Perry, Blossom  
 Perry, Robert C.  
 Peters, Anna  
 Peters, John G.  
 Peterson, Robyn  
 Petronis, Janet  
 Pfeifle, Linda  
 Pickering, Thomas  
 Pilkauskas, Paul P.  
 Pitts, Amy  
 Plaisted, Joan  
 Platt, Nicholas  
 Plummer, Zarina

Polansky, Kathryn B.  
 Postupack,  
 Catherine I.  
 Posz, Gary  
 Potash, Janet

“  
 Thank you  
 for your  
 ongoing  
 assistance.  
 ”

Potter, Sara  
 Powell, Nancy  
 Powers, Robert  
 Powers, Robert  
 Poynter, Roz  
 Fishman  
 Pratt, Genevieve  
 Precht, Henry  
 Presel, Claire-Lise  
 Presel, Joseph  
 Price, Caroline  
 Price, Russell  
 Proctor, Robert W.  
 Prosser, James  
 Pugh, Thelma  
 Purnell, Jon R.  
 Putnam, Diana  
 Putnam, Evelyn

## Q

Quainton, Anthony

## R

Raphel, Nancy Ely  
 Rapoport, Sheldon  
 Raspolic, Elizabeth  
 Recinos, Augusto  
 Redman, Charles  
 Redman, Eileen  
 Reeker, Philip  
 Reeker, Solveig  
 Reid, Era  
 Reifsnider, Gao Thi  
 Reilly, Charles  
 Reis, Eric  
 Reis, Ninette  
 Reis Jr., Robert  
 Reuther, David  
 Rhinehart, Brigitte  
 Richards, Joan  
 Rickert, Gerd  
 Rickert, Jonathan  
 Ridgway, Rozanne  
 Rigg, Laurence  
 Rinker, Joseph  
 Rix, Sonja Kay  
 Robb, George  
 Roberts, Catherine  
 Roberts, George B.  
 Roberts, Richard

Robertson, James  
 Robinson, Marjut  
 Robinson, Marjut  
 Rodgers, H Clarke  
 Rodriguez, Roberto  
 Rojas, Ernest R.  
 Romano, Daniel  
 Rood, Elizabeth  
 Rope, Priscilla  
 Rope, William  
 Roselinksy, Myra  
 Rosenfarb, Charles  
 Rosinus, Gunther  
 Ross, Jane  
 Ross, Richard  
 Rountree, Suzanne  
 Rowe, Leslie  
 Rowell, Edward  
 Rowell, Lenora  
 Rubenstein, Estelle  
 Rubinstein, Daniel  
 Ruddick, Terrence L.  
 Rueda Jr., Richard  
 Ruedy, Ralph  
 Ruschman, Donald  
 Rushing, Maria  
 Russell, Catherine  
 Russell, Theodore  
 Ruterbories, Julie  
 Ryan, Lola M.  
 Ryerson, William

## S

Sablosky, Juliet  
 Antunes  
 Saddler, George F.  
 Sakaue, Marlene  
 Salaiz, Jeffrey  
 Salmon, Charles B.  
 Sanchez Carlo, Maria  
 Sandberg, Eric  
 Sandberg, Robert  
 Sandberg, Sally  
 Sandberg, Sara  
 Santamaria, Louis  
 Sarros, Mary Patton  
 Saslowsky, Charlotte  
 Saunders, Carol  
 Scafe, Perdita Green  
 Scarlis, Basil  
 Scheinberger, Marion  
 Schiff, Ethel  
 Schlenker, Thomas A.  
 Schloss, Donna L.  
 Schmidt, Robert  
 Schoales, Virginia  
 Schoeb, Elizabeth  
 Schoettle, Peter  
 Schoonover, Brenda  
 Schroeder, Anita  
 Schunter, Elaine  
 Schwartz, Howard  
 Schwartz, Deborah  
 Scobey, Margaret

Scott, Frederic  
 Scott, Gerald W.  
 Screiber Hughes,  
 Lisa Bobbie  
 Scruggs, Carolyn  
 Serpa, Nancy  
 Service, Helen G.  
 Service, Karol  
 Service, Robert  
 Shafer, Marilyn M.  
 Champaine, Nicole  
 Shand, Naomi  
 Sharpe, Williard  
 Shea, Janet  
 Shepherd, Carl  
 Sherwood, Harrison  
 Shimomura, Alice  
 Shinn, David  
 Shippy, A Ellen  
 Shiver, Kenneth  
 Shosmith, Martha  
 Shostal, Pierre  
 Shouse, Eloise  
 Shultz, Charlotte  
 Shultz, George  
 Shurtleff, Christine  
 Siemens, Evelyn  
 Silins, Ints  
 Silver, Charles N.  
 Silver, Joan M.  
 Simcox, David

Simons, Margaret  
 Quinn  
 Sims, Dudley O.  
 Sindelar III, H.  
 Richard  
 Sinnicki, Marian J.  
 Skoug, Kenneth  
 Slott, Richard J.  
 Slutz, Pamela  
 Smith, Anne A.  
 Smith, Barbara  
 Smith, Claire  
 Smith, Dane  
 Smith, Frank  
 Smith, Gabriele  
 Smith, Irene  
 Smith, James  
 Smith, Jane  
 Smith, Judith  
 Smith, Samuel V.  
 Smith, Sandra  
 Smith, Susan  
 Smith, Thom  
 Snyder, Martha  
 Sorenson, Robert  
 Sorkin, Suzanne  
 Sperling, Jonathan  
 Spigler, Maria  
 Spiro, Joel  
 Spruce, William E.  
 Stader, Donald E.  
 Stafford, Joseph

Stanfield, Sylvia  
 Stanley, Sharon  
 Stave, Virginia  
 Steere, Paul J.  
 Stephens, John  
 Stephens, Kathleen  
 Stephens, Patsy  
 Sternberger, Howard  
 Stervinou, Theodora  
 Stoessel, Maryann  
 Stokes, Jadwiga  
 Stokes, William  
 Stout, Laura P.  
 Strand, Robert R.  
 Strickler, Theodore

Sullivan, Roger  
 Sutter, Eleanor  
 Swope, Mary  
 Elizabeth  
 Synodis, M Gertrudis  
**T**  
 Takacs, Marilyn  
 Tannenbaum, Jane J.  
 Taska, Betty  
 Taweel, Doris C.  
 Taylor Jr., Carl  
 Taylor, Caroline  
 Taylor, Ching Wen  
 Taylor, Joanna

Thiede, Paula S.  
 Thomas, John  
 Thomas, Lourana  
 Thomas-Greenfield,  
 Linda  
 Thompson, Alan R.  
 Thompson, Barbara  
 Thompson, Trudie E.  
 Thompson, Ward  
 Thoms, Andrew  
 Thoms, Carole  
 Thomsen, Samuel  
 Tidball, Alyce  
 Timm, Gary  
 Timm, Phyllis  
 Todd, James  
 Toly, Lorraine  
 Torain Myers,  
 Tangelo  
 Townsend, John  
 Tracy, Thomas  
 Tragen, Irving  
 Treger, Herbert  
 Trivelli, Paul A.  
 Troxel, Holly  
 Tsitsos, Dianne  
 Tuas, Benjamin  
 Tuch, Hans  
 Tull, Theresa  
 Tully, Barbara  
 Tully, Bruce  
 Tumavick, Nancy

“  
 The Foundation made it  
 possible for me to arrange  
 my husband’s excellent  
 long-term care.”  
 ”

Strickler, Valorie  
 Suddath, Barbara  
 Suddath, Joseph M.  
 Sulak, Arlette A.  
 Sulak, Michael A.  
 Sullivan, Joseph  
 Sullivan, Richard J. J.

Taylor Jr., Carl  
 Teare, Jeanie  
 Teare, Richard  
 Telkins, Patricia  
 Telkins, Stephen  
 Tessmer, Karen  
 Thayer, Scott

Turner, Linda  
 Twinning, Charles  
 Twohie, George F.  
 Tyler, David  
 Tynes, Elvira  
 Tynes, Robert

**U**

Ulman, Carrie  
 Urban, Joan

**V**

Van Derhoff, James  
 Van Gilder, Edmund  
 Veitengruber, Loraine  
 Velarde, Margaret  
 Velitoes, Nicholas  
 Velitoes, Patricia  
 Vest, George  
 Viets, Richard  
 Villarosa, Sharon



Villinski, Sandra  
 Vockerodt, Victor

**W**

Walker, Pamela C.  
 Walton, Christopher  
 Ward, Gordon  
 Ward, Jennifer C.  
 Warlick, James  
 Watson, Alexander F.  
 Watson, Bobby  
 Watson, Douglas

Watson, Evelyn  
 Weeks, Richard L.  
 Weintraub, Leon  
 Welch, C. David  
 Welch, Gretchen G.  
 Wells, Melissa  
 Wells, Thomas  
 Wendt, E Allan  
 Wenick, Martin  
 Wertz, Alma  
 Wesoloski, Elizabeth  
 Wheeler, Jane  
 Wheeler, Janet  
 White, Alfred  
 Whitney, John  
 Whitten, James David  
 Wilcox, Cynda  
 Wilcox Jr., Philip  
 Wilcox Jr., Cynda  
 Wilcox Jr., Philip C  
 Wilkinson, Sharon

Williams, Anne  
 Williams, George  
 Williams, James  
 Williams, Leonardo  
 Wilson, David  
 Wilson, Ross  
 Wilson, Veda  
 Winder, Joseph  
 Withers II, John  
 Woerner, Mark S.  
 Wollemborg, Leo  
 Wong, Rose P.  
 Wood, Linda  
 Wood, R Susan  
 Woodcock, Ruth  
 Woodward, Annette  
 Woolfork, Carole  
 Wrampelmeier, Brooks  
 Wray, Eugenia  
 Wygant, Lee

Wygant, Michael

**X**

Xochihua, Alba

**Y**

Yalowitz, Kenneth  
 Yamauchi, Emi Lynn  
 Yap, Joseph D.  
 York, Ida  
 Young, Johnny  
 Young, Paul  
 Yovanovitch, Marie  
 Yu, Alan  
 Yungblut, Penelope

**Z**

Zanella, Patricia A.  
 Zanfardino, Belinda  
 Zavis, Carol S.  
 Zinoman, Joy  
 Zinoman, Murray



SLF Executive Director, Paula S. Jakub with SLF Board Advisor, Stuart E. Branch at an AFSPA Member and SLF Donor Meeting in Scottsdale, Arizona

## The Foundation is grateful to have received memorial donations in memory of:

Donald M. Anderson	Ted Eliot	Shirley Kennon	Daniel A. O'Donohue	Daniel J. Siglin
Charles E. Angevine	Ulrich F. W. Ernest	Peter Kimm	E Parks Olmon	John W. Simmonds
Donald K. Bandler	Marion Feldman	Doris Kryz	John O'Neill	Catherine B. Sims
Sharon Barber	Edward Fenstermacher	Bruce Laingen	William M. Owen	John G. Sinnicki
George Barbis	Guy Ferry	George M. Lane	R Mark Palmer	Emery Smith
Richard Barkley	Margaret Fessler	James Leader	Anna Peters	Harlie L. Smith
Brady Barr	Anthony G. Freeman	Steve Ledocar	Frank Pettinga	Jack Smith
Igor Belousovitch	Howard Funk	Dan Leibig	Alice S. Pickering	Marvin F. Smith
W Tapley Bennett, Jr.	Michael Gallagher	Arthur W. Lewis	Sheila Maynard Platt	Robert P. Smith
Harry E. Bergold	Joseph Godson	Joseph Lieberman	Sol Polansky	Sally T. Smith
Sunil Christopher Bernicat	Maurice Gralnek	Joe Lill	Betty Rae Powers	Judith Sorkin
Michael Billick	Barbara Anne Gregory	Wallace W. Littell	Charles H. Price	Marvin Sorkin
David Bloch	Mel Grossman	Sarah J Littlefield	Charles Price	Donald S. Spigler
Ingrid Bodde	Anne Gurvin	Susan Lively	Katherine Prosser	Thomas C. Stave
Donald Bondler	Philip (Mike) D. Gutensohn	Ray Lombardi	Mary Prosser	William Stedman
Rita Bouaziz	Anne Hackett	Marie Long	Sarah Rau	Walter Stoessel, Jr.
Michael Bricker	Vance Hall	Francis William Lowery	William Rau	Anthony Stokes
Elvira (Ellie) Brown	Robert Halligan	Hallock R. Lucius	Dona Richard	Lillian Stokes
Randall Clifford Budden	William H. Hallman	Alan Lukens	Shirley Rinker	Arlette A. Sulak
John H. Burns	Donna J. Hamilton	David A. Macuk	David A. Roberts	Elizabeth Ann Swift
Richard Burnworth	Norman Hanley	Maryjane Maggiore	Donna Roberts	Warren L. Swope
Linda Lee Campbell	Viriginia Hanley	Herbert S. Malin	Owen Roberts	Joan S. Symmes
Thomas J. Carolan, Jr.	Arthur D. Hanrehan	Albert Mangelsen	Diane Rosenfarb	Trudy Synodis
Estelle Carter	Sandra O. Hartley	Aida Marks	Brynhild Rowberg	Terrance Todman
Walter L. Carter	Sandra O. Hartley	G Eugene Martin	Charles E. Rushing	Douglas Kent Tramsey
James Conley	George W. Heatley	Harold Marwitz	Howard H. Russell	Oliver L. Troxel, Jr.
John O. Cook	Howard G. Hicks, Jr	Edward Masters	Mary Agnes Ryan	Ted Villinski
Henry Corbett	John Hogan	Donald Matthias	William R. Salisbury	Erik Walton
Rufus W. Corlew	H Allen Holmes	Harry Mattox	Harold H Saunders	Mary Watson
Richard Arthur Coulter	Marilyn Holmes	Shelly Mattox	John G. Scafe	Patricia Wazer
Rolfe B. Daniels	Leonora Hornblow	Howard McElroy	Kenneth Scales	Geraldine Weaver
Enola Dawkins-Bell	Herbert Horowitz	Charles McGinley	Stanley D. Schiff	Donald Wehmeyer
John Day	Flora Dawn Hussey	Maurice D. McKay	Sidney Schmukler	Charles Whitaker
Oblz Messino De Leon	Larry Ikels	Frank Meehan	Donald R. Schoeb	Harriett Whitaker
Kristen Deming	Janice E. Jarek	Joseph Meresman	Richard Schoonover	Robert White
Caroline Deyman	Darrell Jenks	Bert C. Moore	William Schoux	Regina Wills
Philbert Deyman	Matthew Jennings	Earnest Nagy	Frances E. Shafer	Joe Wilson
Caroline Dillon	James R. Johnstone	Gary L. Nelson	Ollie Shaw	Joseph Wilson, IV
Susan Buesing Donnelly	Jerry Jordan	David G. Newton	William C. Sherman	Donald R. Woodward
Kathleen Duffy	Raymond C. Jorgenson	Cleo Noel	Harry Shlandeman	James Woolfork
Don Easum	Gloria Junge	Donald Norland	Harry Shlaudeman	Michael Yovanovitch
James W. Eighmie	Abraham Katz	Patricia Norland	John Page Shumate	Nadia Yovanovitch
	John H. Kelly	James O'Conner	Len Shurtleff	Ralph Zanfardino
	Harry Kendall			

WHAT A WONDERFUL WAY TO REMEMBER THOSE WHO HAVE GONE BEFORE US.



# SENIOR LIVING FOUNDATION *of the AMERICAN FOREIGN SERVICE*

1620 L Street, NW • Suite 800 • Washington, DC 20036-2902

NONPROFIT  
U.S. POSTAGE  
PAID  
SOUTHERN MD  
PERMIT NO. 425

## 9<sup>th</sup> Planning for Change Seminar



On **September 24, 2020**, SLF will host its 9<sup>th</sup> Planning for Change (PFC) Seminar. This educational event offers tools and resources to prepare participants for challenges they may face, as they age. Attendees at this half-day event will learn about medical, legal, and financial advances – to plan for their next stage of life. More PFC details will be available this summer.

The Senior Living Foundation is grateful to have received a bequest from:

## William Cunningham

The Foundation thanks you for remembering us in your will. Your legacy will live beyond the years that you served your country.

This individual believed in our mission of “taking care of our own.” His bequest will make an immense difference in the Foundation’s ability to assist Foreign Service colleagues.



## CONTACT US

If you, or someone you know, needs the services of the **SENIOR LIVING FOUNDATION**, please contact us:

 **PHONE:** 202-887-8170

 **FAX:** 202-872-9320

 **EMAIL:** [info@slfoundation.org](mailto:info@slfoundation.org)

 **FACEBOOK:** [facebook.com/seniorlivingfoundation](https://facebook.com/seniorlivingfoundation)

The Foundation considers each case individually and maintains complete confidentiality.